

Handwriting practice area consisting of 12 sets of five horizontal lines for musical notation.

cis	dis		fis	gis	ais	cis	dis		fis	gis	ais		
des	es		ges	as	b	des	es		ges	as	b		
c	d	e	f	g	a	h	c	d	e	f	g	a	h

Dur: C, F, G, D, A, E, H

Moll: a, e, h, fis, cis, dis=es

Notes: d, g, c, f, b

Other labels: B, Es, As, Des

Equation: Fis=Ges